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| **Time** | **Session**  **Working with mental health in the workplace: developing and enhancing your portfolio|Thursday 20 June 2019, Met Hotel, Leeds** | **Presenter** |
| **8.30am - 9.00pm** | **Registration and refreshments** | |
| **9.00am - 9.15pm** | **Welcome and introductions** | **Nicola Neath** |
| **9.15am - 10.00pm** | **To be met as a person at work – attachment theory in action**  Nicola Neath shares how she used attachment theory with staff at the University of Leeds to understand how our early patterns of behaviour formed in childhood can drive our professional lives. Nicola is a senior staff counsellor at the University of Leeds and Chair, BACP Workplace | **Nicola Neath** |
| **10.00am - 10.45am** | **Getting down to business – a dynamic workshop**  This workshop will be co-facilitated by the two business partners of Mind Matters a national provider of workplace counselling. David Leckie and Julie Hughes will generate lively discussion and debate about what every EAP counsellor needs to know – from contracting to marketing ourselves. | **David Leckie/**  **Julie Hughes** |
| **10.45am -11.15am** | **Refreshment break** | |
| **11.15am -12.00pm** | **Are counsellors the antidote to toxic workplaces?**  Helen Jones asks whether some workplaces are embracing the rhetoric of mental health and wellbeing while shifting the responsibility for this on to their employees? This session explores the context in which we work and the challenges faced by therapists when the clients are referred from a toxic workplace. | **Helen Jones** |
| **12.00pm -12.45pm** | **Working with trauma at work**  **Noreen Tehrani** is committed to increasing the wellbeing of organisations and people affected by trauma. In her work with organisations including the emergency services, HM Prison Service and British Transport Police she has developed an innovative approach to the recognition and management of traumatic stress which can reduce sickness absence and facilitate rehabilitation. | **Noreen Tehrani** |
| **12.45pm -13.45pm** | **Lunch** | |
| **13.45pm-14.30pm** | **Working with the efficacy of workplace counselling - the value of the counsellor to the organisation**  What does an organisation expect/need from the counsellor? Paul Veevers is the Director for Health, Wellbeing and Safety at the University of Leeds and provides an organisational perspective | **Paul Veevers** |
| **14.30pm-15.15pm** | **Working with local businesses – a guide to growing your counselling portfolio**  Sharon McCormick became a qualified counsellor in 2002 and set up The Listening Centre a regional EAP provider with a core team of 30 affiliate practitioners providing psychological support to businesses. She tells her story and offers her insights, experiences and explores the challenges to the work. | **Sharon McCormick** |
| **15.15pm-15.45pm** | **Refreshment break** | |
| **15.45pm -16.15pm** | **6 sessions - what can you do?**  The power and potential of workplace counselling is too often underestimated. It can be life-changing and profound. Nicola Banning, therapist, writer and editor of BACP Workplace shares practice from the frontline | **Nicola Banning** |
| **16.30pm** | **Event Close** | **BACP Workplace** |