

Friday 17 May 2019 programme				
08.15 - 08.45 Registration, poster and exhibition viewing				
08.45 - 09.00 Conference welcome by our Chair Dr Andrew Reeves , Deputy Chair Dr Caryl Sibbett and co-host Ulster University .				
09.00 - 09.45 Keynote presentation by Dr Ciaran Mulholland , The Northern Ireland Regional Trauma Network: treating the aftermath of psychological trauma with evidence-based therapies .				
09.45 - 10.00 Awards: PCCS Books Student Award and CPR New Researcher Award				
10.00 - 10.20 Poster presentations				
10.20 - 10.50 Discussion Panel with Professor John McLeod and Professor Sue Wheeler , Celebrating 25 years of research in counselling and psychotherapy .				
10.50 - 11.25 Refreshments, poster and exhibition viewing				
Lagan	Broadway Suite	Boardroom Suite	Glenbank	Lisburn
11.25 - 11.55 Paper 30 minutes Counselling in Universities and Colleges: gathering outcome measures for the sector, a feasibility study. Géraldine Dufour and Afra Turner <i>Universities & Colleges (U&C)</i> Chair: Paula Brogan	11.25 - 11.55 Paper 30 minutes An evaluation of the effectiveness and acceptability of a new technology system to support psychotherapy helping skills training. David Murphy <i>Training</i> Chair: Wendy Hoskins	11.25 - 11.55 Paper 30 minutes Counsellors' and Psychotherapists' learning expectations and experience of engaging with qualitative research methods and primary research whilst in higher education. Chris Hudson and Divine Charura <i>Therapist Experience</i> Chair: Panos Vostanis	11.25 - 11.55 Paper 30 minutes Analysing Goals and Expectations in Counselling with Young people (AGENCY). Charlie Duncan <i>CYPF</i> Chair: Gemma Ryan	11.25 - 12.55 Symposium 90 minutes Overview: Understanding psychological growth within a person centred clinical setting. Jennifer Holland Paper 1: Validation of the shortened scale of general wellbeing (SGWB) as an outcome measure of human flourishing in person centred psychotherapy. Jennifer Holland Paper 2: An exploration of the facilitative and predictive effects on the person-centred experiential relationship on client authentic growth. Cecelia Bayless-Conway Paper 3: What is the relationship between hegemonic masculinity, experiencing levels and authenticity in person-centred experiential therapy with male clients? Jessica Hunneybun <i>Outcome measures</i> Chair: Jennette Roddy
12.00 - 12.30 Paper 30 minutes Distress and barriers to help-seeking for UK students: a survey of five UK Higher Education Institutions using the Counseling Center Assessment of Psychological Symptoms (CCAPS-34). Emma Broglia <i>U&C</i> Chair: Naomi Moller	12.00 - 12.30 Paper 30 minutes Evaluating the person-centred therapeutic relationship competence acquisition for mental health professionals in Taiwan. Faith Liao <i>Training</i> Chair: Wendy Hoskins	12.00 - 12.30 Paper 30 minutes Therapists' views on the evidence-based guidelines for the treatment of depression in adults. Valerie Fletcher <i>Therapist Experience</i> Chair: Clare Howie	12.00 - 12.30 Paper 30 minutes Children and young people's goals in online counselling: who achieves what, and how can the data impact on practice? Aaron Sefi <i>CYPF</i> Chair: Charlie Duncan	12.00 - 12.55 Symposium 90 minutes Paper 2: An exploration of the facilitative and predictive effects on the person-centred experiential relationship on client authentic growth. Cecelia Bayless-Conway Paper 3: What is the relationship between hegemonic masculinity, experiencing levels and authenticity in person-centred experiential therapy with male clients? Jessica Hunneybun <i>Outcome measures</i> Chair: Jennette Roddy
12.35 - 13.05 Paper 30 minutes Post police shooting trauma: breaking down intersecting traumas following the shooting of Michael Brown in Ferguson, MO. Hope Schuermann, Jessica Haas and Marion Toscano <i>Trauma</i> Chair: Steve Mulligan	12.35 - 13.05 Paper 30 minutes Life after suicide: psychotherapists and allied professionals speak about their experiences of working with suicidal clients and the impact it has on them if their client dies. Susan Scupham <i>Suicide</i> Chair: Maggie Long	12.35 - 13.05 Paper 30 minutes Therapists' experience of spirituality in the therapeutic relationship: a thematic analysis. Tara Fox <i>Therapist Experience</i> Chair: Panos Vostanis	12.35 - 13.05 Paper 30 minutes Understanding carer resilience in Duchenne Muscular Dystrophy: the role of emotional intelligence and social support. Suzanne Glover <i>Carers</i> Chair: Mia Zielinska	12.00 - 12.55 Symposium 90 minutes Paper 2: An exploration of the facilitative and predictive effects on the person-centred experiential relationship on client authentic growth. Cecelia Bayless-Conway Paper 3: What is the relationship between hegemonic masculinity, experiencing levels and authenticity in person-centred experiential therapy with male clients? Jessica Hunneybun <i>Outcome measures</i> Chair: Jennette Roddy
13.10 - 13.40 Paper 30 minutes Trust as a therapeutic goal in working with complex trauma: a trust-based clinical framework. Zoe Chouliara <i>Trauma</i> Chair: Marian Crowley	13.10 - 13.40 Paper 30 minutes How counsellors perceive their training in suicide assessment: a phenomenological investigation. Heather Dahl, Brett Gleason and Wendy Hoskins <i>Suicide</i> Chair: Paula Brogan	13.10 - 13.40 Paper 30 minutes Evaluation of a counselling service embedded within a wider alcohol and drug rehabilitation service for homeless and vulnerable adults in Leeds, West Yorkshire. Paul Nicholson <i>Client experience</i> Chair: Panos Vostanis	13.10 - 13.40 Paper 30 minutes Self-compassion for carers. Experiences of a short programme for carers of those with a life limiting or palliative diagnosis. Kate Diggory <i>Carers</i> Chair: Clare Howie	13.10 - 13.40 Paper 30 minutes How effective is an integration of contemporary psychotherapy, Buddhist psychology and meditation as a therapy for anxiety: a Hermeneutic Single Case Efficacy Design (HSCED) study. Yi Zoë Hou <i>Anxiety</i> Chair: Traci Postings
13.40 - 14.40 Lunch				
14.45 - 15.15 Paper 30 minutes The talking cure – building the core skills and the confidence of counsellors and psychotherapists to work effectively with multilingual patients through training and supervision. Beverley Costa and Jean-Marc Dewaele <i>Training</i> Chair: Mhairi Thurston	14.45 - 15.45 Panel session 60 minutes Opportunities and challenges facing counselling and psychotherapy in primary care across the UK. Toni Giugliano, Matthew Smith-Lilley and Steve Mulligan	14.45 - 15.15 Networking	14.45 - 15.15 Paper 30 minutes What is the lived experience of birth mothers who have had their child removed into care and their experience of counselling at the Repeat Removal Project? Jo Naylor <i>Families</i> Chair: Jo Pybis	14.45 - 15.15 Paper 30 minutes A phenomenological study of female therapists' experience of the embodied intersubjective dimension within the therapeutic encounter. Sandra Tapie <i>Therapist experience</i> Chair: Rita Minta
15.20 - 15.50 Paper 30 minutes Analysis of counselling student employment destinations: using action research to enhance the counselling curriculum and improve employability. Sally Lumsdaine and Zoe Powell Martin <i>Training</i> Chair: Victoria Heydon-Hatchett	15.20 - 15.50 Paper 30 minutes How do relational counsellors' own personal political ideologies impact on their intersubjective relationships with clients? Robyn Allen <i>Relationships</i> Chair: Noreen Giffney	15.20 - 15.50 Paper 30 minutes Intensive Filial Therapy with Brazilian mothers and their infants, victims of family violence. Helen Gedge <i>Families</i> Chair: Jo Pybis	15.20 - 15.50 Paper 30 minutes An exploration of how childlessness and the decision whether or not to become a parent is understood by psychoanalytic practitioners. Sheila O'Sullivan <i>Families</i> Chair: Gemma Ryan	15.20 - 16.20 Workshop 60 minutes Setting up a university-based counselling research clinic: opportunities, challenges and potential solutions. Lynne Gabriel
15.55 - 16.25 Paper 30 minutes Exploring the countertransference impact of my primary attachment and developmental experiences on my psychotherapeutic work with clients. From emotionally unavailable relationships to an emotionally receptive profession. Therapist experience Davina Sacks Chair: Rita Minta	15.55 - 16.25 Paper 30 minutes Having lived sober – a developmental perspective of recovery: literature review. Brendan Murphy <i>Addiction</i> Chair: Clare Howie	15.55 - 16.25 Paper 30 minutes Counselling provision in a grammar school within Northern Ireland. Georgina Campbell-Morrison <i>CYPF</i> Chair: Mhairi Thurston	15.55 - 16.25 Paper 30 minutes An exploration of how childlessness and the decision whether or not to become a parent is understood by psychoanalytic practitioners. Sheila O'Sullivan <i>Families</i> Chair: Gemma Ryan	15.20 - 16.20 Workshop 60 minutes Setting up a university-based counselling research clinic: opportunities, challenges and potential solutions. Lynne Gabriel
16.25 - 16.45 Refreshments, poster and exhibition viewing				
16.45 - 17.15 Paper 30 minutes I really wish our faculty could practice what they're preaching: perspectives from students on wellness promotion in counsellor education. Brett Kyle Gleason, Heather Dahl and Wendy Hoskins <i>Training</i> Chair: Matthew Smith Lilley	16.45 - 17.15 Paper 30 minutes Listening to 'listening': what clients say of their experience of 'being listened to' in the psychotherapeutic context. Elena Coltea <i>Client experience</i> Chair: Clare Howie	16.45 - 17.15 Paper 30 minutes Personal social media use by UK counselling practitioners and the need for a new policy direction. James Hemsall <i>Social media</i> Chair: Chris Hudson	16.45 - 17.45 Workshop 60 minutes An evaluation of using CORE-Net with online therapy. Pip Weitz	16.45 - 17.45 Workshop 60 minutes Embedding research into student counselling services in UK universities: rupture and repair of the researcher-practitioner relationship. Louise Knowles, Charlotte Williams and Emma Broglia
17.20 - 17.50 Paper 30 minutes What factors influence a client's choice of counsellor/ psychotherapist in a private practice setting and the implications for the profession's regulatory status. Julie May <i>Private practice</i> Chair: Steve Mulligan	17.20 - 17.50 Paper 30 minutes Interweaving timelines: longitudinal patterns of change over twelve months of a counselling practice and multi-case research study. John Hills <i>Counselling practice</i> Chair: Jo Pybis	17.20 - 17.50 Paper 30 minutes Putting it out there: the mental health implications of sharing on social media. Kate Smith <i>Social Media</i> Chair: Chris Hudson	17.20 - 17.50 Paper 30 minutes An exploration of how childlessness and the decision whether or not to become a parent is understood by psychoanalytic practitioners. Sheila O'Sullivan <i>Families</i> Chair: Gemma Ryan	16.45 - 17.45 Workshop 60 minutes Embedding research into student counselling services in UK universities: rupture and repair of the researcher-practitioner relationship. Louise Knowles, Charlotte Williams and Emma Broglia
19.30 - 23.30 Dinner				

Poster Presenters - Friday

F1 Benjamin Nuss

Capturing a male-focused narrative of mental health and its implications on the counselling/psychotherapy profession.

F2 Clare Whitworth

Male victims of domestic abuse. A hidden problem? How are male victims of domestic abuse presented in academic research?

F3 Christine Brown

In clients' experience, does the way in which they relate to their anxiety impact on their ability to cope with it?

F4 Rhianna Broadway, Nellie Ford and Richard Doyle

A person-centred retrospective comparison of the effectiveness of counselling in adult clients with different presentations (using Psychlops data).

F5 Michelle Oldale

Weight-stigma and relational psychotherapy.

F6 Richard Knight

Just like two blokes sat at a bar: when a disabled counsellor and client met.

F7 Nicholas Torry

Early intervention in primary schools: building children's self-awareness and emotional wellbeing.

F8 Kim Boyle

Experiences of parents' raising a child / young person with Down syndrome (DS) and evaluation of the impact of Foyle Down Syndrome Trust (FDST) on the quality of life of these parents.

F9 Paula Brogan

Experience, perspectives and possibilities: exploring key stakeholder engagement in the process of placement assessment for trainee counsellors.

F10 Kanulia Nwandu

In clients' experience what impact did their selective mutism or periods of mutism in childhood have on their growth into adulthood and their adult experience.

Poster Presenters - Saturday

S1 Anne Moorhead

Potential of mental health mobile applications to support face-to-face counselling.

S2 Mia Zielinska

The talking booth: An invitation to get personal in public.

S3 Asiyeh Busra Sirin Ayva

Enhancing creative counseling skills of counseling students by adventure therapy.

S4 Kirsty Bilski

The ethical challenges of researching young people using HSCED Methodology.

S5 Heather Dahl

Suicide myopia: seeing suicide through a multicultural lens.

S6 Leigh Gardner

An exploration of the impact and effectiveness of counsellors who counsel in English as an additional language (EAL).

S7 Wendy J Hoskins

Internationally relevant approach to grief counselling and wellness.

S8 Susan Hunter and Anne Moorhead

Teachers have a role in supporting the psychological and emotional health among pupils.

S9 Billy Lansdell

How do clients view the long-term impact of school counselling?

S10 James Costigan

In clients' experiences what impact does their sexual-addiction/hypersexuality have on their ability to form intimate relationships?