

Making Connections Llandudno

Tuesday 3 September 2019

10am - 10.30am	Registration
10.30am - 10:45am	Welcome - Myira Khan - BACP Governor
10.45am - 11.30am	<p>ASD: presentations in the therapy room and the adaptations practitioners can make - Eirian Teague</p> <p>In Wales, Autism Spectrum Disorder and the raising awareness of the prevalence of neurodevelopmental conditions has been present on the Welsh Government agenda for the past 5 years. The introduction of the National Integrated Autism Service and the forthcoming Autism Code of Practice will greatly enhance and change the provision of diagnosis and support for autistic children, young people, adults and their families.</p> <p>This session is designed to further raise awareness of the condition and the SIGNS that practitioners may see within the therapy room. It will also highlight some of the adaptations that are often (but not always) required for autistic people in the therapy room. For example: adaptations in use of language and greater awareness regarding sensory profiling.</p> <p>Eirian Teague is an integrative counsellor who has experience of working in both the private and voluntary sectors. Eirian has worked with autistic young people and adults throughout her previous career before training as a counsellor. Eirian currently works in a specialist ASD service as well a therapeutic consultancy organisation. This has led to a specific research interest in the provision of group-based interventions for autistic people as well as the adaptations in service delivery required when working with an autistic person or persons.</p>
11.30am - 12.15pm	<p>Relational ethics in practice - Lynne Gabriel</p> <p>The session will cover:</p> <ul style="list-style-type: none"> • Consideration of assessment of risk: for example, in relation to child/adult safeguarding, suicide and suicidal ideation, criminal activity, personal safety

	<ul style="list-style-type: none"> • Identifying ethical dilemmas that can arise when managing risk in practice contexts • Applying a decision-making process to managing risk <p>Lynne Gabriel is based at York St John University in York, UK, where she teaches across undergraduate and postgraduate programmes. Lynne is founder and director of the University’s mental health clinic and has many years of experience of working in both private and organisational helping contexts. Lynne has written two ethics texts and is currently working on an extended edition of her original practice ethics textbook ‘Relational Ethics in Practice’.</p>
--	---

12.15pm - 1.15pm	Light lunch
-------------------------	--------------------

1.15pm - 1.35pm	Ruth Conway, Welsh Government
------------------------	--------------------------------------

1.35pm - 1.55pm	<p>Making research work for you - Clare Symons</p> <p>Research isn’t always something that you think of when you embark on your journey to become a counsellor. It isn’t something many counsellors think about or engage with routinely in their practice. So why does BACP have a research team and what do they do? Our role is to make research work for you. In this presentation we talk about how we use our knowledge, skills and expertise to conduct, commission, facilitate and promote relevant, impactful research to benefit our members and clients and to enhance the credibility of the counselling professions. We will explain what we do, why we do it and how it benefits you and your clients.</p>
------------------------	---

1.55pm - 2.15pm	Local member two-minute platforms
------------------------	--

2.15pm - 3pm	<p>Introduction of ‘Connecting together’</p> <p>Connecting together</p> <p>The room will be divided into different areas of interest, for more focused and structured networking. You’ll be encouraged to move around the room and engage with colleagues, volunteers and BACP staff to network, share ideas and meet new people with similar interests. You’ll be able to add a new area of interest if yours isn’t represented.</p>
---------------------	---

2.30pm - 3pm

Refreshments

3pm - 4pm

Understanding the sexual abuse and exploitation of boys and men - Phil Mitchell

This presentation will address how gender stereotypes and perceived ideas of masculinity prevent boys and men from disclosing abuse, accessing support and being seen as victims. The session will examine the barriers for boys and men, and counsellors and other professionals, to tackling male sexual abuse and exploitation. Real life stories will be highlighted, and Phil will share examples from his therapeutic work and his own personal experience of sexual exploitation.

Phil Mitchell is a qualified supervisor and accredited counsellor specialising in working with boys and men affected by various forms of sexual abuse. Phil managed the UK's leading male only child sexual exploitation for nine years and has over 14 years' experience in working with boys and men in this field. Phil is an experienced public speaker, has delivered male sexual abuse training to thousands of professionals across the country, has developed various national male sexual abuse resources, appeared in local and national media, overseen a number of male sexual abuse initiatives and contributed to various research and publications.

4pm

Event close