

REPARENTED BY AN ALIEN

IS YOUR THERAPIST INTEGRATIVE AND OF A DIFFERENT CULTURAL BACKGROUND?

I define culture as the characteristics and knowledge of a particular group of people, encompassing language, religion, cuisine, customs, patterns of behavior and social interactions, cognitive constructs and understandings learned by socialization.

Reparenting can be described as going back to earlier child ego states and providing a new object-relationship – finding previous development levels of fixation, undoing them and providing new or corrective experiences where these are lacking or needed.

If you are interested, you will be required to attend an interview at a quiet place of your convenience. This interview will involve questions that will focus on your therapeutic relationship with your therapist focusing on the concept of reparenting. The interview will last for approximately 60 minutes and will be recorded.

You will be required to be a 2nd, 3rd or 4th year trainee Integrative psychotherapist and have therapy for at least one year with an Integrative psychotherapist of a different cultural background to yours. You will be eligible for the study if you live in the Midlands.



My name is Vicky Drakopanagiotaki and I am a 4th Year Trainee Integrative Psychotherapist studying the relational/developmental model in psychotherapy. This research project is for my MSc dissertation at the Sherwood Psychotherapy Institute, Nottingham UK.