

Making Connections Bournemouth

Wednesday 5 February 2020

10.00am - 10.30am	Registration
10.30am - 10:40am	Welcome - Una Cavanagh (BACP Governor)
10.40am - 11.30am	<p>Working with older people - Helen Kewell</p> <p>Introduced by Jeremy Bacon, BACP's Older People Lead, Helen will explore the psychology of ageing, the reasons that working therapeutically with older adults is so rich and so important and the practicalities and ethical considerations of working in this area. Brought to life using real life examples from her book, Helen hopes to ignite some debate and inspire other colleagues to work in this area.</p>
11.30am - 12.15pm	<p>A Second Chance - Rex Bloomstein</p> <p>From 1975 to the present day, Rex has completed several films, television and radio programs that have explored the prison system. Rex will show excerpts from a number of these films and ask the question 'do personal testimonies on camera give hope of a different and necessary humanising perspective when we talk of the prison population and our system of criminal justice?' Rex believes that we need such accounts when dealing with deviance and society because of how little we know of ourselves and what we are capable of.</p>
12.15pm - 1.15pm	Light lunch
1.15pm - 1.35pm	<p>Making Research work for you - Jo Pybis</p> <p>Research isn't always something that you think of when you embark on your journey to become a counsellor. And it isn't something many counsellors think about or engage with routinely in their practice. So why does BACP have a research team and what do they do? Our role is to make research work for you. In this presentation we talk about how we use our knowledge, skills and expertise to conduct, commission, facilitate and promote relevant, impactful research to benefit our members and clients and to enhance the credibility of the counselling professions. We will explain what we do, why we do it and how it benefits you and your clients.</p>

1.35pm - 2.15pm	<p>Local member two-minute platforms</p> <ol style="list-style-type: none"> 1. Sheila Maycock - Relate, the relationship people 2. Katie Newman - CPD Hub 3. Laura Mort - Member services 4. John Perry - Promoting unconditional self-acceptance 5. Helen Coles - ScoPEd (plus exhibition stand) 6. Cathy Bell - CYP&F Division (plus exhibition stand) 7. Lesley Ludlow - Private Practice Division (plus exhibition stand) 8. Vianna Boring - Workplace Division 9. Jane Darougar - Universities and Colleges Division
2.15pm - 3.00pm	<p>Introduction of 'Connecting together'</p> <p>Connecting together</p> <p>The room will be divided into different areas of interest, for more focused and structured networking. You'll be encouraged to move around the room and engage with colleagues, volunteers and BACP staff to network, share ideas and meet new people with similar interests. You'll be able to add a new area of interest if yours isn't represented.</p>
2.30pm - 3.00pm	<p>Refreshments</p>
3.00pm - 4.00pm	<p>Becoming more creative working with trauma - Jill Carter</p> <p>There are many trauma models out there, but not many using creative arts. Jill will introduce you to simple, heartfelt ways of using sand play, art and other expressive arts with clients of all ages who have experienced trauma. She will also suggest ways you can nurture yourself as a practitioner.</p>
4:00pm	<p>Event close</p>