

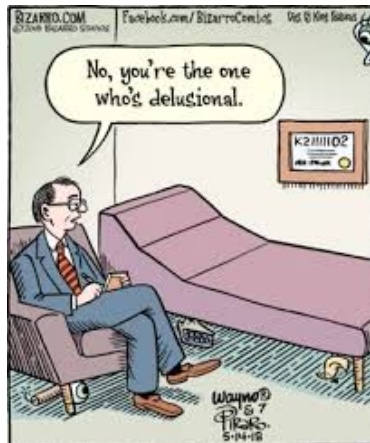
## FORMER THERAPY CLIENTS WANTED

### Humour in therapy, the clients' perspective

We are conducting research to explore how clients have related to their therapist's humour, and how humour contributed to the relationship between client and therapist.

We are looking to recruit individuals who:

- Have been in one-to-one therapy within last 24 months
- Can recall at least one occasion when their therapist was, or tried to be, funny. This may include your therapist:
  - making jokes
  - playing on words
  - using sarcasm
  - or, laughing during sessions.



Participants must be:

- Over 18 years old
- Not a qualified psychologist, psychotherapist or counsellor, and
- No longer in therapy.

If you would be interested in sharing your experience in an online, one-to-one interview which will last no more than one hour, please:

Email [michelle.glover@metanoia.ac.uk](mailto:michelle.glover@metanoia.ac.uk)

Telephone 0208 579 2505

This study is conducted as part of the Metanoia Institute Doctorate in Counselling Psychology and Psychotherapy by Professional Studies programme, and is supervised by Dr Janet Penny, [jepenny@outlook.com](mailto:jepenny@outlook.com).